

نموذج رقم (12)

جامعة: Mansoura

كلية: Nursing

قسم: Psychiatric and Mental Health Nursing

توصيف مقرر دراسي

| 1- بيانات المقرر | | | |
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| <p>Second level of B.Sc.N Program (3rd semester) 2018/ 2019</p> <p>الفرقة/المستوى:</p> | <p>Communication Skills and Human Relationships</p> <p>اسم المقرر:</p> <p>مهارات التواصل والعلاقات الانسانية</p> | <p>الرمز الكودي: CSc 306</p> | |
| <p>1 Hour</p> <p>-----</p> | <p>عدد الساعات الدراسية نظري عملي</p> <p>(Credit Hour)</p> | <p>B.Sc.N Program</p> <p>التخصص:</p> | |


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| <p>This course aims to provide students with theoretical basics of effective communication among individuals in different situations in order to qualify students for meaningful interaction and communicate effectively with individuals and groups in the health services organizations and in different community settings.</p> | <p>2- هدف المقرر:</p> |
| <p>By the end of the course the candidate will be able to:</p> | <p>3- المستهدف من تدريس المقرر</p> |
| <p>A1. Mention the major themes or concepts of human relation</p> <p>A2. Identify what self-esteem is and factors that influence it</p> <p>A3. Discuss what self-awareness is and exemplify its importance</p> <p>A4. Describe factors that affect people's attitudes, positive and negative</p> <p>A5. Identify the problem solving and decision making principles</p> <p>A6. Describe the importance of motivation, listening and its impact on human relation in working and social setting the</p> | <p>أ- المعلومات والمفاهيم:</p> |

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| <p>A7. Discuss types of verbal and nonverbal communication</p> <p>A8. Discuss communication barriers</p> <p>A9. Describe how human relations skills influence goals and success in a future career</p> | |
| <p>B1. Apply critical thinking approach in the delivery of health care management</p> <p>B2. Prioritize critical thinking and Judgment as an important nursing skill in counseling approaches.</p> <p>B3. Utilize reasoning skills in communicating effectively in oral and written formats</p> <p>B4. Interpret the use of communication skills</p> <p>B5. Correlate effective interpersonal skills in speaking, listening, assertiveness, and conflict management.</p> <p>B6. Analyze effective strategies for coping with stressful situations, motivating yourself, stress management, and increasing happiness.</p> <p>B7. Differentiate between the normal and abnormal use of defense mechanisms</p> | <p>ب- المهارات الذهنية الخاصة بالمقرر:</p> |
| <p>-----</p> | <p>ج- المهارات المهنية الخاصة بالمقرر:</p> |
| <p>D1. Apply the principles of therapeutic communication with patients and families and community</p> <p>D2. Participate in ongoing professional, social and therapeutic communication</p> <p>D3. Apply decision making techniques in organizational and social setting</p> <p>D4. Participate effectively with a team to set goals and solve the different problems</p> <p>D5. Use effectively channels of communication with patient and their families, and their colleagues in work setting.</p> <p>D6. Participate with other health team members in providing health care</p> <p>D7. Apply the team work skills and good interpersonal interaction and be more creative</p> | <p>د- المهارات العامة:</p> |
| <p>E1. Communicate with clients with a respect for cultural diversity in health care</p> | |

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| <p>E2. Use verbal and non-verbal communications</p> <p>E3. Instruct information to patient/ client and families in manners that adjust their intellectual levels and emotional status</p> | |
| <p>Unit I- Communication</p> <p>Unit II – Change process</p> <p>Unit III – Motivation</p> <p>Unit IV – Self esteem</p> <p>Unit V – Counseling</p> <p>Unit VI - Conflict</p> <p>Unit VII - Self awareness</p> <p>Unit VIII- Defense mechanism</p> | <p>4- محتوى المقرر:</p> |
| <p>1- Interactive Lectures</p> <p>Interactive lecture is used in this course, and brainstorming to obtain students' ideas and opinions interactions. Visual power point presentations are illustrated.</p> <p>2- Small group work</p> <p>Students divided into small groups of 10-12 students who assigned to investigate case studies that include communication issues, and conclude a report.</p> | <p>5- أساليب التعليم والتعلم :</p> |
| <p>According to the faculty procedures to caring for defaulters students</p> | <p>6- أساليب التعليم والتعلم للطلاب ذوى القدرات المحدودة :</p> |
| <p>7- تقويم الطلاب:</p> | |
| <p>1- Semester summative assessment that include</p> <p>a- Semester work:</p> <p>Semester work of this course to include the interpretation of lab investigation results of Course content</p> <p>b- Quizzes: A short written exam is done twice/ semester to encourage students to study and prepare them for the final assessment. Quizzes include some true& false</p> | <p>أ- الأساليب المستخدمة:</p> |

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| <p>question and/ or MCQ, it used to partially assess some of knowledge skills</p> <p>2- Summative assessment that include</p> <p>a- Final Written examination:</p> <p>Different forms of questions are included in the final written examination, in which a set of objective questions (True& False, MCQ and Matching) in addition to essay question. Written examination used to assess knowledge and intellectual skills</p> <p>c- Oral examination</p> | | | | | | | | | | | | | | | | | | | | | | |
| <p>1- Semester summative assessment</p> <p>a- Assignment report 2nd up to 13th week</p> <p>c- Quizzes 5th week and 10th week</p> <p>2- Final Summative assessment</p> <p>a- Written examination Two weeks after the end of 1st semester</p> <p>b- Oral examination Two weeks before the end of 1st semester</p> | <p>ب- التوقيت:</p> | | | | | | | | | | | | | | | | | | | | | |
| <table border="0"> <tr> <td>1-Semester summative assessment</td> <td>Degree</td> <td></td> </tr> <tr> <td>a- Semester work</td> <td>30 (30%)</td> <td></td> </tr> <tr> <td>b- Quizzes</td> <td>20 (20%)</td> <td></td> </tr> <tr> <td>2- Final Summative assessment</td> <td></td> <td></td> </tr> <tr> <td>a- Oral examination</td> <td>10 (10%)</td> <td></td> </tr> <tr> <td>b- Final Written examination</td> <td>40 (40%)</td> <td></td> </tr> <tr> <td>Total</td> <td>100 (100%)</td> <td></td> </tr> </table> | 1-Semester summative assessment | Degree | | a- Semester work | 30 (30%) | | b- Quizzes | 20 (20%) | | 2- Final Summative assessment | | | a- Oral examination | 10 (10%) | | b- Final Written examination | 40 (40%) | | Total | 100 (100%) | | <p>ج- توزيع الدرجات:</p> |
| 1-Semester summative assessment | Degree | | | | | | | | | | | | | | | | | | | | | |
| a- Semester work | 30 (30%) | | | | | | | | | | | | | | | | | | | | | |
| b- Quizzes | 20 (20%) | | | | | | | | | | | | | | | | | | | | | |
| 2- Final Summative assessment | | | | | | | | | | | | | | | | | | | | | | |
| a- Oral examination | 10 (10%) | | | | | | | | | | | | | | | | | | | | | |
| b- Final Written examination | 40 (40%) | | | | | | | | | | | | | | | | | | | | | |
| Total | 100 (100%) | | | | | | | | | | | | | | | | | | | | | |
| <p>8- قائمة الكتب الدراسية والمراجع :</p> | | | | | | | | | | | | | | | | | | | | | | |
| <p>-----</p> | <p>أ- مذكرات</p> | | | | | | | | | | | | | | | | | | | | | |
| <p>_____</p> | <p>ب- كتب ملزمة:</p> | | | | | | | | | | | | | | | | | | | | | |

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| <ul style="list-style-type: none"> • Gorman, L. M., & Anwar, R. (2015). <i>Neeb's fundamentals of mental health nursing</i>, 4th edition. USA: F.A. Davis Company. Retrieved from https://www.fadavis.com/product/lpn-lvn-neebs-fundamentals-mental-health-nursing-gorman • Louise Rebraca Shives, 2018, ,basic concepts of psychiatric –mental health , 7th ed Williams-wilkins • Collin, C., & DK Publishing, Inc. (2016). <i>The psychology book</i>. New York: DK Pub. • Woolfolk, A. E., Winne, P. H. & Perry, N. E. (2016). <i>Educational Psychology</i> (3rd Canadian ed.). Toronto, Canada: Pearson. 75, 203-221. | <p>ج- كتب مقترحة:</p> |
| <p>www.nursingcenter.com</p> <p>www.nursingresearch.com</p> | <p>د- دوريات علمية أو نشرات .. الخ</p> |

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| <p>مجلس رقم (134) بتاريخ 2014/6/18</p> | <p>معتمد بموافقه مجلس الكليه</p> |
| <p>مجلس القسم بتاريخ 2018/11/5</p> | <p>تم مراجعته وتحديثه طبقا للمعايير الاكاديميه القوميه المرجعيه بتاريخ</p> |
| <p>منسق المقرر الباربع د/ رانيا ربيع الاتربي</p> | <p>رئيس القسم العلمي أ.د/ امينه النمر</p>  |